

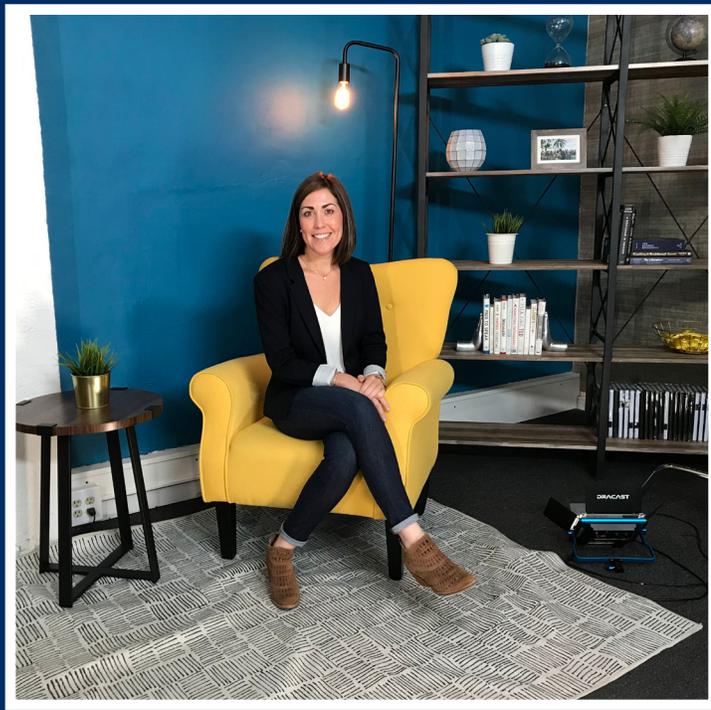
# COFFEE & CONVERSATION



**NOV 9TH | 8:30 – 9:30AM | ZOOM WEBINAR**

## **A Mindful Choice: Identifying the Unconscious Behaviors That Run Our Life & Business**

Join us as we discuss Christie Garcia's journey from the corporate business world to launching her own business, Mindful Choice, focused on improving the leadership skills of individuals in the workplace. She now seeks to reintroduce the human element into leadership development and immediately make an unignorable, positive impact on a person's overall potential.



## **CHRISTIE GARCIA** **Mindful Choice**

Christie Garcia is a Leadership Coach & Ego Management Expert, Speaker, Facilitator and Founder of Mindful Choice Leadership Academy. She has 17 years of experience in sales, recruiting, and coaching. For the last 10 years she has worked with current and upcoming leaders from fast growing organizations including Airbnb, Twitter, Movement For Life and Sunrun.

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